Program aims to break 'endless cycle' of addiction and jail

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RIVERSIDE - Evan Cherry admits that there's a very good chance he should be dead, or at the very least locked up.

In February 2017, Cherry, now 25, was using heroin, facing arrest warrants, was borderline homeless and had no family or friends who wanted him around. He didn't know what to do.

In the back of his mind, he remembered that police officers from the township had tried to encourage him to speak to Lt. Lou Fisher, who, with the help of certified interventionist Michael Sarubbi, had created the New Jersey Treatment Incentive Program, to help people struggling with addiction and facing charges get treatment instead of jail time.

He eventually worked up the courage to attend a meeting Fisher was speaking at.

"He said (he) was really happy that I came to him for help," Cherry recalled. "He keeps tabs on all the drug use in the area so he knew that I was using for a really long time."

Cherry is one of between 70 to 80 people to be a part of the program.

The idea behind the diversion program came to Fisher in 2013 when he began tracking residents who were constantly either getting arrested for crimes to help feed their addiction or getting revived after an overdose. Sarubbi, who had worked in the treatment industry, heard Riverside was struggling with a heroin issue and decided to pitch his services. The pair teamed up and figured out a way to stop cycling people through the system.

"What usually happens is, if you get arrested for theft or for burglary or one of those types of addiction-fueled crimes, you're going into jailand this was even before bail reform – you'd stay in jail for maybe two weeks, up to a month," Sarubbi said. "You would be detoxed in jail with no treatment, no therapy ... so when they get out they go straight back to using and the next thing you know they're committing crimes again and it's just an endless cycle and that cycle needs to be broken." Cherry was one of those people looking for another way because jail hadn't helped him.



Evan Cherry, who grew up in Riverside, talks about going through the NJTIP program on his way to recovery from drug addiction. [PHOTOS BY NANCY ROKOS / STAFF PHOTOJOURNALIST]

for his September court date to get his charges dropped.

TIP lasts about 18 months and includes six months of inpatient treatment, followed by a year of outpatient treatment and sober living. At the end of the program, Fisher appears with the client in court to ask the judge to drop the charges after submitting proof of their recovery.

"The reason we chose 18 months is because some of the clinical people who sit on our board felt that 18 months was a good amount of time for the external motivation to become internal, where now they're not doing it because they want to stay out of jail," Sarubbi said. "They're doing it because their life is improved."

head," he said. "I have friends. I have family that wants me around. I have a full-time job and for the first time in 10 years, I'm going back to school."

Rehabilitating people like Cherry has also helped the town, according to Fisher. While the department will be releasing specific data related to the program in the coming weeks, Fisher said they were able to notice an improvement in the crime rate at least partially driven by TIP.

"The year prior to the implementation of TIP, Riverside was ranked 10th in the highest crime in Burlington County and as of 2016, Riverside had one of the lowest crime in Burlington County," Fisher said. "One of the main contributors to the lower crime was that all theft-related crimes are lowered, including burglary." That's because many of the people committing those crimes were either in treatment or weren't struggling with addiction, Fisher said. The program also has helped keep people like Cherry alive. "Those guys saved my life," he said. "And I tell them all the time – they don't like to take credit for it, but I mean honestly, if they never did this, I'd be in a whole different situation. I'd probably be dead, but I'd definitely be in jail."



"I've been in and out of the system," he said.

The day after he spoke to Fisher, Cherry met with him and Sarubbi before they sent him off to Sunrise Detox in Cherry Hill. From there, he was taken to an inpatient program in Pennsylvania where he stayed for four months, followed by six months of intensive outpatient treatment. Cherry's now in the last phase of the program, a sober living home in Philadelphia, while waiting

Cherry started to get those feelings around a month into treatment.

"After not being sick for a week, I decided once I leave here I'll continue to get high," he said. "But something happened about 30 days (in) and I kinda grasped the idea, the concept of potentially staying clean. I started actually working with my counselor instead of just going through the motions and telling them what they want to hear and I learned a lot, a lot about myself."

Since then, Cherry said he's had a dramatically different life.

"Now I have a roof over my

Cherry wears a variety of bracelets from an NJ Recovery event.

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but there aren't enough employees to provide something like that, he said.

"Through all the times I've been in prison I've taken some type of a drug education or some type of treatment, therapeutic-type program," he said. "But it's hard for them, they don't have the time to figure out everybody individually so they find a general theme that can touch a little bit from every person and trying to use that as a guide to doing the right thing. But it doesn't work."

Some of the same programs are available to inmates in the Burlington County Jail, Tosches said, as well as drug education that includes individual and group counseling services. And then once they are out, he said, the jail has partnerships with local organizations including Oaks Integrated Services,

the Salvation Army, Legacy Treatment Centers and Maryville Addiction Treatment Centers, to provide re-entry assistance.

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This time is different, Jason and Sheryl agree.

Spending his 30th birthday in jail marked a turning point.

"I looked back on the last decade and I'm looking at 16 months that I had on the outside out of the last 10 years," he said. "Life in general, as age progresses, it tends to stop giving you things and start taking them away."

It's already started, he said. Several family members on his father's side died while he was behind bars.

"He missed so much out of this decade. He missed his sister's graduation from high school, he missed her graduation from Temple (University). He's missed weddings, he's missed all of these children back here," his mom added, pointing to portraits of her young nieces and nephews.

A month before Jason was released, Sheryl was diagnosed with Parkinson's disease.

"I told him look, you have to grow up – you're not 18 anymore, you're going to be 33, you're a man. I need your help," she said.

Jason can't get back the time he missed, but he's been spending a lot more with his family now.

He's been attending activities with friends who are active in 12-step programs. He was able to secure health coverage, and he got a job that he enjoys as a trainer in a local gym.

"They're going to give me a chance," Jason said.

That's been a big barrier in the past. When filling out applications, he's struggled with whether to check the box acknowledging that he's been convicted of a felony. He always asked for an opportunity to explain.

"I would just tell them," he said. "I'm not a bad person – I couldn't be further from it -I just have a drug problem. That's what it is."

He's been doing well for the last two months, he said, but "all it takes is that one time."

"I know what's going to trigger me. I know what I have to do. It comes down to that choice," he said.

"God forbid, if I ever cross that bridge I would hope that I would be strong enough to just say something and try to nip it right then and there and not let it progress. I know in the past that when that would happen, a lot of it's like a pride thing, like you're embarrassed."

Jason and his family have been down this road before, but he said he feels like he's at a crossroads.

"I could either go right and live the right lifestyle – be there for my family, be a productive member of society. Or, I could go left and I know if I decide to go left that that's going to be my lifestyle," he said. "This is kind of it."

Addiction and incarceration

Nearly half (81,900) of federal prisoners in the United States had been sentenced for drug offenses at the end of September 2016. More than 99 percent of the offenses were for trafficking.



Drug offenses at the state level

About 15 percent (197,200) of inmates in state correctional facilities across the country at the end of 2015 had been convicted of a drug offense as their most serious crime. In New Jersey, the percentage was slightly lower at the beginning of this year.



Sources: Bureau of Justice Statistics, Prisoners in 2016 report and New Jersey Department of Corrections, Offender statistics as of Jan. 2, 2018.

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